



Dr. John T. Daugirdas, MD, FASN

Dr. Daugirdas is currently Clinical Professor of Medicine in the Division of Nephrology and Hypertension at the University of Illinois at Chicago. A graduate of Northwestern University's Honors Program in Medical Education, Dr. Daugirdas initially trained under Dr. Todd Ing at the Hines VA Hospital. With Dr. Ing, and later, with Dr. Peter Blake from Toronto, Dr. Daugirdas authored and edited the Handbook of Dialysis, a guide published in more than a dozen languages, that nephrologists across the globe have relied upon to help care for dialysis patients.

In 1989 Dr. Daugirdas moved to the University of Illinois at Chicago, working with Dr. Jose Arruda. Under his leadership, the University of Illinois participated as a Clinical Center in the NIH HEMO study, a major randomized trial looking at dialysis adequacy. He also participated in the NIH Frequent Hemodialysis Network (FHN) Trials, which evaluated the potential benefits of dialysis given more frequently than 3 times per week. With Dr. Thomas Depner, Dr. Daugirdas was KDOQI Co-Chair of the Hemodialysis Adequacy Workgroup.

In 1995, Dr. Daugirdas founded a Web journal, Hypertension, Dialysis and Clinical Nephrology, which continues to highlight the advances in nephrology including articles, abstracts, and meeting presentations. Dr. Daugirdas has served on the editorial boards of the major nephrology journals, and currently is editor of Hemodialysis International, the journal of the International Society for Hemodialysis.

Dr. Daugirdas published a number of important articles dealing with clinical problems faced by dialysis patients. Dr. Daugirdas focused on two areas of critical importance to dialysis patients: dialysis adequacy, and dialysis hypotension. He has published more than 250 papers, mostly focusing on these two important areas, and came up with simplified methods of checking dialysis adequacy that are in wide use today.